

SEPTEMBER East Hanover

Elementary Lunch

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Vegetable of
the Month



Fruit of
the Month



French Toast Sticks
Pasta w/ Marinara Sauce
& Cheese (V)
Muffin Bento Box w/
Yogurt & Apple (V)

All-Beef Hot Dog on a Bun
w/ Tater Tots
All White Meat Chicken
Tenders w/ Tater Tots & a
Dinner Roll

Pizza Calzone w/ Fries (V)
Muffin Bento Box w/ Yogurt
& a Juice Box (V)

PIZZA DAY!
Pizza Parlor Pizza (V)
Pepperoni Pizza

Weekly Alternate - Pizza Crunchers (V)

Baked Ziti w/ Garlic
Bread(V)
Bacon, Egg & Cheese on a
Croissant
Muffin Bento Box w/
Yogurt & Apple (V)

TACO TUESDAY
Chicken Tacos w/ Rice
Pepperoni Stromboli
Muffin Bento Box w/
Yogurt & a Juice Box (V)

Meatball Hero
Pancakes & Syrup (V)
Muffin Bento Box w/ Yogurt
& Apple (V)

BEE DAY!
Toasted Bread
topped w/ Ricotta, Fresh
Basil & Local Honey (V)
Chicken Tenders w/ a Roll
& Corn

PIZZA DAY!
Pizza Parlor Pizza (V)
Pepperoni Pizza

Weekly Alternate – Mozzarella Sticks w/ Marinara Sauce (V)

No School

Cheese Quesadilla w/ Tater
Tots (V)
Popcorn Chicken Bowl w/
Mashed Potatoes & Gravy

Pasta w/ Pink Sauce (V)
Muffin Bento Box w/ Yogurt
& a Juice Box (V)

Taco Bento Box w/
Seasoned Beef, Scoops
Chips & Cheddar Cheese
Pancakes w/Syrup & an
Apple (V)
Muffin Bento Box w/
Yogurt & Apple (V)

PIZZA DAY!
Pizza Parlor Pizza (V)
Pepperoni Pizza

Weekly Alternate – Build-A-Pizza Bento Box (V)

All White Meat Chicken
Tenders w/ a Roll
& Mixed Veggies
French Toast Sticks

Hamburger or
Cheeseburger on a Bun
served w/ Tater Tots
Fresh Peach Yogurt Parfait
(V)

Pasta w/ Meatballs
Pasta w/ Pink Sauce (V)
Muffin Bento Box w/ Yogurt
& Apple (V)

Weekly Alternate – Grilled Cheese Sandwich (V)

Available Daily (Includes choice of sides)

- Chicken Nuggets
- Chicken Caesar Salad
- Chef's Salad
- Bagel Bag w/ Yogurt & Cream Cheese
or Butter (V)
- Parfaits (V)
- Pasta w/ Butter or Marinara
- Macaroni & Cheese
- Chicken Sandwich
- Choice of Deli Sandwich

A Complete Meal Includes:

Entrée w/ Protein/Grain
A Trip to The Farm Stand

(V) = Vegetarian

Menu Items Subject to Change

Sides Available Daily (Includes choices from the Farm Stand)

- Fresh Fruit from The Farm Stand
- Baby Carrots
- Apple Slices
- Pretzels
- Cheese Sticks

Go to

<https://easthanover.pomptonianmenus.com/order>
to place an order by credit card.